

Statutes

1. Name and headquarters

- 1.1 The “Pilatessuisse” professional association is an association as defined in Art. 60 ff. of the Swiss Civil Code.
- 1.2 The headquarters of Pilatessuisse will be determined by the Board.

2. The purpose

- 2.1 The purpose of Pilatessuisse is to promote, develop and disseminate the Pilates method at a professional standard.
- 2.2 Pilatessuisse safeguards the quality of the Pilates training system for the protection and benefit of clients. With this in mind, Pilatessuisse issues Regulations Governing Continuing Development as well as Training Guidelines and a Code of Ethics.
- 2.3 Pilatessuisse undertakes public relations tasks and advocates for the official recognition of the Pilates method as a holistic exercise programme.
- 2.4 Pilatessuisse encourages solidarity and collaboration between its members and facilitates the sharing of experience.

3. Membership

- 3.1 Pilatessuisse is made up of active members, student members and supporter members.
- 3.2 Pilates trainers who fulfil the training requirements are accepted as active members.
- 3.3 Pilates trainers who do not yet fulfil all the training requirements but who will meet them within the next 3 years at the latest are accepted as student members. Student members have no voting rights.
- 3.4 Private individuals and legal entities who wish to promote and support the interests of Pilatessuisse can be accepted as supporter members. Supporter members have no voting rights.
- 3.5 Membership begins after the Board has confirmed acceptance and once the membership fee has been paid.
- 3.6 All members must recognise the statutes, regulations and guidelines of Pilatessuisse and pay their membership fee every year.

- 3.7 Membership ends:
- By written notice of withdrawal to the office, as of the end of the relevant calendar year.
 - By withdrawal from the association as described in Point 3.8.
 - By death in the case of a private individual or dissolution in the case of legal entities.

- 3.8 The Board may at any time exclude a member from the association if that member fails to fulfil the statutory or regulatory obligations or harms the reputation of Pilatessuisse or violates the interests of the association.

The individual concerned can file an appeal against the decision of the Board within 30 days, in writing and for the attention of the General Meeting of Members. The appeal has no deferring effect. The decision of General Meeting of Members after the individual concerned has been interviewed is final.

Excluded members lose any entitlement to any potential assets of the association at the time they leave the association.

At least two years must pass before they can re-join the association.

4. Organisation

- 4.1 The organs of the association are:
- ~ The General Meeting of Members
 - ~ The Board
 - ~ The Auditor

- 4.2 The membership year of the association runs from 1st January to 31st December.

5. The General Meeting of Members

- 5.1 The General Meeting of Members is the highest organ of Pilatessuisse. It normally meets within three months of the end of the association's membership year.

The meeting can take place in person, online or hybrid.

An Extraordinary General Meeting of Members takes place if called by the Board or at the request of one fifth of the members.

- 5.2 The invitation to the General Meeting of Members, together with the Agenda for that meeting, will be despatched by e-mail by 20 days before the meeting at the latest.

- 5.3 Proposals by the members for the attention of the General Meeting of Members must be submitted to the office in writing by 10 days before the meeting is held, at the latest.

- 5.4 The General Meeting of Members will be directed by the Board. Each active member has one vote in the General Meeting of Members. Online participants are also allowed to vote. Voting by proxy is not possible. Resolutions will be passed by a simple majority of the votes.
- 5.5 The tasks of the General Meeting of Members comprise:
- Acceptance of the Annual Report
 - Approval of the Annual Accounts and discharge of the Board
 - Approval of the budget for the current year
 - Election of the Members of the Board, the Presidency and the Members of the Supervisory Board
 - Adoption and revision of the Statutes,
 - Adoption and revision of the Regulations and Guidelines
 - Setting of membership contributions
 - Taking the decision on any appeal against the exclusion of a member
 - Dissolution of the association. A resolution for dissolution requires a majority of at least two thirds of the members present at the General Meeting of Members.

6. The Board

- 6.1 The Board is made up of at least three people. It is self-constituting and determines who shall be the legal signatories on behalf of Pilatessuisse.
- 6.2 The period of office is two years. Re-election is possible. Early resignation may be approved by the Board.
- 6.3 Resolutions can be legally enforced as long they have been reached by a simple majority of those Members of the Board who were present. In the event of an equal number of votes, the President will have the casting vote.
- 6.4 The Board represents Pilatessuisse to the outside world and manages its ongoing operations. It decides upon the acceptance of new members. It takes all the decisions that are not reserved to the General Meeting of Members.

7. The Auditor

- 7.1 The office of the Auditor is made up of at least two members.
- 7.2 The period of office is two years. Re-election is possible. Early departure may be approved by the Board.

- 7.3 The Auditor examines on an annual basis whether the Profit and Loss account and the Balance Sheet are in agreement with the accounts, and whether the accounts have been kept in an orderly fashion. For this purpose, the documents are sent to the auditors at least three weeks before the General Meeting of members.
- 7.4 The Auditor reports upon the results of this examination to the General Meeting of Members.

8. Finances

- 8.1 Pilatessuisse's sources of income are, specifically, the contributions of the members, voluntary donations and revenue raised by the assets and activities of the association.
- 8.2 All of the members of the association, including the Members of the Board, work on a voluntary basis, but are entitled to claim compensation for their expenses in accordance with the Expenses Regulations.
- 8.3 The assets of Pilatessuisse are exclusively liable for the association's obligations.
- 8.4 In the event of the dissolution of the association, any assets remaining after the payment of all debts shall be passed to a charitable organisation whose aims are as similar as possible. The Board shall determine which organisation is to benefit.

9. Final provisions

- 9.1 The publisher's marks and lettering used for Pilatessuisse are protected. They are made available for use by members to signal their membership of Pilatessuisse towards outside parties. The publisher's marks and lettering used for the association may only be used or modified for other purposes with the agreement of the Board.
- 9.2 Messages and documents sent by e-mail are regarded as having been delivered if they have been sent to an e-mail address provided by a member.
- All submissions, messages and appeals for which the statutes specify a set deadline must be sent by post – with the exceptions of the invitation to the General Meeting of Members. A deadline is regarded as having been met if the document was handed over to the postal service on the last day of the deadline (date on postage stamp).
- 9.3 In the event of any questions of interpretation arising from the way in which the statutes have been drawn up, the German wording shall be regarded as

binding.

9.4 In the event of any disputes between the association and its members, the headquarters of the association shall be regarded as the place of jurisdiction.

10. Date of entry into effect

These regulations were revised and adopted at the General Meeting of Members on 23rd March 2024. They also came into effect upon that date.

Date: 23rd March 2024

Signatures of the committee members

Sandra Giampetruzzi/Lynn Grandjean

Signature of the Secretary

Laila Khan